



Washington Area
Girls Soccer
(WAGS) Division 1

Elite Club
National League
Team



#5 Jessica Sells Defender

<http://www.herndonyouthsoccer.org/travel/hotspur>

Height: 5'7"
Weight: 125

South Lakes High School
Reston, Virginia

GPA: 4.2 / 4.0

Website: <http://www.fcps.edu/SouthLakesHS/>

ODP/Super Y League Experience

- 2009 -'94 Northern District ODP
- 2009-10 '94 Virginia State ODP Team

Club Experience

Herndon Hotspur FCV – Fall 2009 to Present

- Wags Tournament Finalists ('09)
- WAGS Division I Champions (Fall '09)
- VYSA State Cup Finalist (Fall '09)

Chantilly Soccer Club (CSC) Hotspur – Fall 2007 to Spring 2009

- Virginian Tournament Virginia Cup Champions ('09)
- Jefferson Cup Championship Finalist ('09)
- **2008 Virginia State Cup Champions (U13)**
- **2008 Region One Bronze Medalists (U13)**
- Wags Tournament Cup Semi-Finalists ('08)
- OBG Capital Cup Premier Champions ('08)
- Jefferson Cup Superior Semi-Finalists ('08)
- OBG Capital Cup Premier Champions ('07)
- CASL Shootout Elite Bronze Champions ('07)

Southwestern Youth Association (SYA) Power – U11 to U12

- **2007 State Cup Finalists (U12)**

Academic Achievements

- Junior and National Honor Society
- National Society of High School Scholars
- Honor Student
- DECA and FBLA member
- Spanish Honor Society

Athletic Achievements

- United States Achievement Academy National Athletics Award ('09/10)
- Varsity Indoor Track ('09,'10)
 - o All District Award – 1st team
 - o All Region Honors (2)
 - o Athletic Honor Roll
- Varsity Soccer ('09,'10)
 - o “The Best Newcomer Award”
 - o Honorable Mention for All District
 - o Athletic Honor Roll
- Varsity Cross Country ('08)
 - o Athletic Honor Roll

Coaches/Other References

- Paul Ellis, Hotspur Head Coach *roylmne@comcast.net*
- Carolyn Rice, Hotspur Head Coach *coachcbr@aol.com*
- Kevin Darcy, ODP Coach *kdarcy@chesterfieldunited.com*
- Joann Murphy, HS Soccer Coach *jemurphy@fcps.edu*
- Paul Ngend, Soccer Trainer *www.npcsoccer.com/contact*
- Scott Raczko, HS Track Coach *scottraczko@yahoo.com*

Contact Information

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